



"Run for Help"
Das Leichtathletikmeeting des SV Werder Bremen
24. Mai 2009, Platz 11

vorläufiger Zeitplan

| Uhrzeit | Männer | Frauen | Rahmenprogramm |
|----------------|---------------|---------------|-----------------------|
| 14.00 | Stabhoch | | mJB: Stab, 100m VL |
| 14.10 | | | wJB: 100m VL |
| 14.20 | | | Schü C/D: 1000m |
| 14.30 | | | Schü-I C/D: 800m |
| 14.45 | | | mJB: 800m |
| 14.50 | | | wJB: 800m |
| 14.55 | | | mJB, wJB: 100m EL |
| 15.00 | 5000m | | |
| 15.20 | | 100m VL | |
| 15.25 | 100m VL | | |
| 15.35 | 400m Hü | | |
| 15.45 | | 3000m | |
| 16.00 | | | 50m EL |
| 16.20 | | 100m EL | |
| 16.25 | 100m EL | | |
| 16.35 | | 100m Hü VL | |
| 16.45 | 110m Hü VL | | |
| 16.55 | 4x200m *** | | |
| 17.00 | 300m | | |
| 17.10 | 1500m | | |
| 17.25 | | 100m Hü EL | |
| 17.35 | 110m Hü EL | | |
| 17.45 | | | 5x50m Pendelstaffel |
| 17.55 | | 200m | |
| 18.00 | 4x100m | | |

Änderungen vorbehalten!

*** = Weltrekordversuch 4x200m im Rückwärtslaufen